

In one year, the average South Shore resident throws away more than 860 lbs (390 kgs) of garbage and that number is rising. Recycling is also on the rise, but this is only one of the Four Rs. We also need to Reduce, Reuse and Respond.



When you avoid making garbage in the first place, you don't have to worry about disposing of it or recycling it later.

Changing your habits is the key — think about ways you can reduce your waste when you shop, work and play. Its all about attitude! It can be as simple as reaching for a cloth napkin instead of a paper one and saying 'no thanks' to the plastic bag.



For more information contact the Lunenburg Regional Community Recycling Centre  
908 Mullock Road, Whycott's Settlement, N.S. B4V 2W2  
Phone (902) 543-2991  
Fax: (902) 543-7960  
[www.CommunityRecycling.ca](http://www.CommunityRecycling.ca)  
[recycle@modl.ca](mailto:recycle@modl.ca)

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Reusing items by repairing them, giving them to charity and friends or selling them also reduces waste.

Reusing, when possible, is better than recycling because the item does not need to be reprocessed before it can be used again.

Recycling uses waste to make new products & has become a part of everyday life. We can also buy products that are made from recycled materials, supporting these markets and helping to guarantee the success of our recycling programs.



Make your preferences known to store owners, politicians, community leaders and friends. You have the power to influence others and help create the type of world you want to live in. We are all consumers, and that means we can use our purchasing power to make changes happen. For example, let store managers know that you want less packaging.



## Electronics Recycling



Old televisions, computers, monitors, keyboards, mice & printers can now be recycled safely! You can drop them off at Corkum's Recycling 364 Hwy 324, Northwest Road, Lilydale without charge.

These are now banned from landfill and will not be picked up during regular curbside waste collection. For more information, contact:

Atlantic Canada Electronic Stewardship  
Toll Free: 1-877-774-3260  
E-mail: [info@acestewardship.ca](mailto:info@acestewardship.ca)  
Website: [www.cestewardship.ca](http://www.cestewardship.ca)

-  Have some leftover medicine in the cupboard? Return it to your pharmacy and have it disposed of safely!
-  Flushing pills and medications down the toilet can harm fish & other aquatic life.

**Changes to our Recycling Guide...**  
Animal waste and kitty litter now belongs in the Garbage. Plastic kitty litter liners are contaminating our compost & animal waste is not safe for our staff to handle.

Want to know more?  
Check out our website!  
[www.CommunityRecycling.ca](http://www.CommunityRecycling.ca)

# Recycling Guide



**LUNENBURG REGIONAL**  
*Community Recycling Centre*  
TURNING OUR RESOURCES AROUND

# RECYCLABLES



“Your Blue bag must be clean with no food to be seen!”

## Clean Plastic Containers & Bags

- Beverage containers including pop & juice
- Plastic bottles including food, detergent & shampoo bottles (Leave caps on motor oil containers only)
- Rigid plastic— including take-out sandwich containers
- Plastic tubs – ice cream, yogurt and margarine tubs (Rinse clean with hot water)
- Plastic bags – grocery, retail, bubble wrap. (Remember to empty and remove all receipts. Please put all of these together in one bag)

Milk bags and other soiled plastic is garbage

## Clean Milk or Juice Cartons & Boxes

- Includes Tetra Paks and mini-sips (empty, wash, rinse, dry & do not flatten)

## Clean Metal Cans

- Food cans
- Empty aerosol cans

## Clean Glass

- Glass bottles & jars – empty, wash, rinse & dry. Soak when needed

## Clean Aluminum Foil & Trays

- Pie Plates and Foil Wrap - rinse, crumple

No Garbage in Your Blue Bag!  
If in Doubt - Find Out! Visit:  
[www.CommunityRecycling.ca](http://www.CommunityRecycling.ca)

No Paper, Electronics, Diapers, or Styrofoam

# PAPER



“Paper goes in grocery or clear bags!”

On wet days, cover with another grocery bag

## Including:

- Newsprint
- Flyers
- Magazines
- Writing paper & note pads (remove metal coil, no carbon paper)
- Envelopes (include windows)
- Wrapping Paper, non-metallic only (no strings & bows)
- Phone Books, Soft & Hardcover Books
- Egg Cartons and Paper Trays
- Boxboard (e.g. cereal and tissue boxes)

# CARDBOARD



Corrugated Cardboard includes appliance boxes & pizza boxes (remove all food).

Fold boxes flat and tie into 3ft x 2ft x 2ft bundles and put out for curbside collection next to other recyclables.

Please note, larger bundles can not fit into the collection truck.

All paper must be dry and free of paper clips.  
No Carbon Paper

# ORGANICS



“Organics go in the Green Cart!”

## All Food Waste:

- Meat, fish & bones, shellfish, including shells
- Table scraps including vegetables & fruit
- Tea bags
- Dairy products, pasta & bread

## Soiled or Wet Paper:

- Coffee filters & coffee grounds
- Paper towels, paper plates & cups, paper flour bags
- Paper napkins
- Tissues & wet paper
- Wax paper & lightly waxed boxes, frozen dinner containers (without a plastic liner)

## Yard Waste:

- Sawdust & wood shavings (not pressure treated)
- Excess leaves, plants & twigs no greater than 2 inches in diameter x 3 feet length
- Human and pet hair
- Ashes from stove (**must be cold**)

We prefer you use no liner in your mini bin & green cart or just a little paper towel. However, if you must use a liner, please use only certified compostable bags.

Note: Regular plastic in the green cart will be rejected.



No Metal, Plastic Bags, Glass, or Styrofoam

# GARBAGE



“Garbage goes in the Black Bag”

## Including:

- Pet waste & kitty litter
- Styrofoam
- Soiled aluminum foil
- Soiled plastic wrap and soiled plastic bags
- Potato chip bags and popcorn bags
- Ceramics
- Light Bulbs (put broken glass in a box, tape shut & label)
- Clothing, boots and shoes
- Sanitary products & diapers
- Carbon paper

# HAZARDOUS WASTE



Bring to HHW Depot at the Community Recycling Centre, Whynots Settlement

## Examples:

- Rechargeable batteries
- Leftover corrosive cleaners
- Pesticides & herbicides
- Used oil
- Solvents, thinners & flammables
- Aerosol cans containing hazardous substances
- Leftover liquid paint\* (see below)
- BBQ propane tanks
- Small propane cylinders (e.g. camp fuel)

Drop-off used car tires at an approved dealer near you. Note: Left over liquid paint should be returned to the ENVIRO-DEPOT in your neighbourhood. Contact RRFB Nova Scotia at: 1-877-313-RRFB (7732)